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#CelebrateCentenary

FIRST EDITION

*We,
The Children Of Sai,
Swear That We Will Take Part
In The Annual Sports And Games
Of Sri Sathya Sai Institutions
In Fair Competition
Respecting And Abiding By
The Rules Which Govern Them
And With a Desire To Participate
In The True Spirit Of Sportsmanship
For The Honour Of Our Country,
Glory Of Sport
And Our Beloved Mother Sai.*





Bhagawan Sri Sathya Sai Baba

Founder Chancellor

Life is a game! Play it! The Sports Meet holds aloft the message of community-building and harmonious living. This prepares the seedbed for cosmopolitanism, in the Mahopanishad it is stated as **"Vasudhaiva Kutumbakam". Bend the body, mend the senses, end the mind.** Apart from taking care of our physical well-being, many other values are learned on the ground - unity, cooperation, team-spirit, discipline and perseverance. These help towards the second step of 'mending the senses'. Despite all the physical discomforts - like practising in the scorching heat, even the smallest children disregard them and are happy to practice throughout the day. 'End the mind'. This is, in a sense, achieved by the single-mindedness; the dedication of heart and soul to one purpose that is to please the Lord. The participation of students, coming from different regions and different backgrounds, in games should be conducive to the promotion of unity.

You should not consider sports as mere worldly and physical activities. They teach you many moral and spiritual principles. A true student is one who achieves excellence in the moral, social, and spiritual fields. One should not strive only for physical strength and happiness. One should strive hard for control of the mind. One who becomes a slave to his mind is bound to become weak, however powerful one may be. So, you should make the mind your slave. Although there may be differences among nations in their food and recreational habits, the spirit of harmony and unity displayed in sports is a gratifying example to all. It is a distinctive quality of sports that differences are forgotten and persons engage themselves in games in a divine spirit of friendliness and camaraderie. Sports help the players not only to improve their health but also to experience joy.

Unfortunately, nowadays it is attachment to the body that is cherished, with the result that one's outlook becomes narrow and limited. It should be recognised that the Atma (the indwelling Spirit) is one and the same in all beings. You have to develop this spirit of oneness and equality. Then the divinity in you will be manifested and your human nature will get sanctified and divinised. In every action, you should be comradely and cooperative. Today, such a spirit prevails in the sphere of sport, although occasionally there are deviations from it. In the beginning, sports and athletics were intended mainly to promote health and experience joy. Today these objectives are being forgotten. Everything is being commercialised. Self-interest is getting predominant. Consequently, peace and happiness are being lost. When sports become a kind of business, there is no room for human values and peace becomes a casualty. It is essential, therefore, that the sense of spiritual oneness should prevail, transcending differences of nationality, language and religion. Only thus can real bliss be experienced.

Modern students are unable to realise the true spirit behind their participating in sports and cultural events. In all events of sports and games, you have a winner and also a loser. People are interested only in the outcome of the events and not in enjoying the spirit of sports. The aim of sports and games is not to produce a decisive result but to inculcate the spirit of sportsmanship in the participants.

"Here, people have to understand the difference in the sports activities of our students and the students elsewhere. The students outside have only one goal in their mind, i.e. to win a prize or a medal, **whereas, our students' only aim is to please Swami**".



Foreword

Prof. B. Raghavendra Prasad

Vice-Chancellor, SSSIHL

The Annual Sports and Cultural Meet of the Sri Sathya Sai Educational Institutions, encompassing Sri Sathya Sai Institute of Higher Learning (SSSIHL), Sri Sathya Sai Higher Secondary School, and Smt. Eswaramma Higher Secondary School, stands as a cherished tradition that reflects the values and spirit of our esteemed institutions. The recently concluded meet was a magnificent celebration of talent, teamwork, and the holistic education that defines SSSIHL. This vibrant confluence of athletic prowess and creative expression reaffirmed the vision of our Revered Founder Chancellor Bhagawan Sri Sathya Sai Baba, who emphasized the harmonious development of body, mind, and spirit.

This year's meet was a shining testament to the discipline, dedication, and unity of our students, who excelled in meticulously planned events spanning athletics and cultural performances. On the sports field, students demonstrated perseverance and teamwork through 10 track events, including sprints, hurdles, and relays, and 7 field events such as high jump, long jump, and various throwing disciplines. Furthermore, over 12 team and individual games—ranging from basketball and football to badminton and table tennis—showcased their athletic versatility.

On the cultural front, the diversity of talent was truly inspiring. With over 57 segments encompassing drama, debate, instrumental music, folk and classical dance, painting, sketching, yoga, Vedam chanting, and more, students brought to life the vibrant tapestry of our heritage and creative expression.

This year's meet honored 1,533 prize winners for their outstanding achievements, with 137 Gold, 97 Silver, and 94 Bronze medals awarded. Additionally, 32 Championship trophies were presented across Athletics, Cultural Events, and Fine Arts.

The success of this grand event was made possible by the unwavering enthusiasm and tireless efforts of our students, faculty, the Sri Sathya Sai Central Trust (SSSCT), Sri Sathya Sai Medical College (SSSMC), Sri Sathya Sai Organizations (SSSO), and devotee trainers from around the world. Their meticulous planning and dedication ensured that the meet was not only a celebration of talent but also a platform for fostering camaraderie, leadership, and mutual respect.

We extend our heartfelt gratitude to our Revered Founder Chancellor, Bhagawan Sri Sathya Sai Baba, and to everyone who contributed to the success of this meet. With great anticipation, we look forward to many more such joyous occasions in the years to come.





INVESTITURE

BY K. SAI SRIRAM (III B.SC BIO)

The 8th of August, 2024, was a cracking day at the Sri Sathya Sai Institute of Higher Learning, Prashanti Nilayam Campus, as it hosted the annual Investiture Ceremony. The atmosphere was buzzing with students in their crisp whites, eagerly awaiting the moment when their peers would take on leadership roles for the academic year 2024-2025. The day began with a powerful Vedam invocation that filled the hall with a serene and almost divine energy – a fitting prelude to what was to follow. Dr. Swayamsiddha Kar took over as the MC, his warm smile and perfectly timed words engaging the audience right from the start. His insights on leadership resonated with everyone, setting the stage for the highly anticipated flag presentations.

The ceremony kicked off with the top brass being handed their flags, starting with Institute Captain CH. Sai Venkata Leela Karthik (2nd MSc Biosciences) and Vice-Captain Amarjith P.K. (2nd MA Economics), who stood tall and poised, ready to lead the charge.

Campus Director Dr. R. Raghunatha Sarma officiated the proceedings, adding an air of formality to the occasion. The postgrad leaders soon followed, with Amareshwaran H (2nd MA Economics) and Sai Skandha Krishna (2nd MSc Biosciences) stepping up as Satya House captain and vice-captain, supported by Jagadesh (2nd MSc Chemistry) and Manan Lutra (2nd MSc Maths). Dharma House, with captains K Sharat and G Sarat (2nd MSc Maths) stepped forward, joined by Biswas Pradhan (2nd MSc Physics) and Vikram Krishna (2nd MSc Biosciences), who looked determined to make their mark in the coming year.

The undergrads were just as keen to get involved, bringing a fresh burst of energy to the proceedings. Shanti House saw Syed Yousuf Baba (3rd BA Economics) take the lead as captain, with Pushpa Kamal Rai (3rd Physics) as vice-captain. Their sports coordinator, Ronak Thapa (3rd Maths), and cultural coordinator, K Prem Sai (3rd BSc Maths), were primed



CEREMONY

for action, clearly ready to dive into the year ahead. Prema House followed with B Prem Sai Gupta (3rd Biosciences) and Fayaz Ali (3rd BA Economics) taking charge, with Sneho Sarkey (3rd Economics) and Shaurya Rishie Nundlal (3rd BSc Biosciences) as the dynamic duo for sports and culture. Once the flags were handed over and the applause faded, Institute Captain Leela Karthik delivered a speech that struck the perfect balance between inspiration and hard work. A poignant documentary, produced by the multimedia crew, added an emotional touch, leaving everyone with a sense of nostalgia. The ceremony wrapped up with Amarjith delivering a heartfelt vote of thanks, and the Mangala Aarti to Swami bringing a peaceful end to the event. With their flags in hand, the new leaders stood ready to tackle the challenges of the year ahead, and the day was marked as a memorable one.





SATHYA



SHANTI







SPORTS





CRICKET



Fast, fierce, and right on target...

TWO CHAMPS

"This year, cricket was the most thrilling event I experienced, as it's one of my favorite sports. It was crucial because we were trailing 4-3 in the house championship.

The first match went smoothly—we dominated completely. However, the second match was a setback, with the other team winning comfortably. The deciding third match ended in a tie, leading to a super over.

The super over was intense, going down to the last ball, but we managed to secure the victory and level the championship at 4-4. It was a dramatic event, and both teams played exceptionally well—one of the most thrilling games I've ever been a part of!"

- K. Sharat
All-Rounder, Dharmas House



BY BANDA PREM SAI GUPTA (III B.SC BIO)

In an exhilarating cricket series, Dharma House triumphed over Sathya House, showcasing resilience and skill through a series of closely contested matches, including traditional games and a super over.

In the first match, Dharma House batted first, posting an impressive 165 for 4, driven by their captain's aggressive batting and effective partnerships. Sathya struggled against Dharma's disciplined bowling attack, managing only 130 for 9, resulting in a comfortable 35-run victory for Dharma.

The second match marked a dramatic turnaround. Dharma was bowled out for just 58 runs, allowing Sathya to seize the opportunity and chase down the target with ease at 59 for 4, leveling the series in a stunning display of determination.

The series culminated in a tense deciding match lasting just five overs. Sathya batted first but faltered, scoring only 38 for 4. Dharma House approached the chase calmly, finishing at 38 without losing a wicket, thus regaining the lead in the series.

The excitement peaked during the super over. Dharma set a modest target of 10 runs for 2 wicket. Sathya responded with a score of 9 for 1, with Dharma ultimately clinching the series in thrilling fashion.

In the UG section, Prema opted to field first after winning the toss against Shanti House. Prema set a competitive target of 117 runs by scoring 116 runs in their allotted overs.



CHASING THE PERFECT WITH EVERY SHOT-
Pranav's orthodox drive leads the scoreboard to Dharma's victory.

The second match was equally gripping and ended in a super over after both teams scored 131 runs. Shanti again won the toss and chose to field. Prema started strongly with contributions from Sai Kumar and Ala Venkat but lost momentum as they were bowled out within 18 overs. Datta emerged as Shanti's star bowler with six wickets.

Shanti's chase was hampered by dropped catches from Prema, but Jayant Kumar's vital innings helped reduce the required run rate significantly. In the super over, Uday Nath bowled well but conceded 10 runs; however, Shanti managed to win by just two runs in a nail-biting finish.





VOLLEYBALL



*Elevation: Max , power: Full.
Locked in, focused, and ready to finish what was started...*



AIM. JUMP. SMASH. REPEAT: *Riding the airwaves straight to victory.*

BY BANDA PREM SAI GUPTA (III B.SC BIO)

In a proper nail-biter that had everyone on the edge of their seats, Sathya House squared up against Dharma House in a volleyball clash that had the whole campus talking. With both teams bagging one win each in their earlier matches, this decider was set to be a real humdinger. The crowd was buzzing, chants echoing across the court, and you could practically feel the tension hanging in the air. Fans packed the stands, cheering with full gusto, making sure their house colours shone bright in this epic showdown. It wasn't just about winning – it was about pride, and everyone knew it.

Sathya House came in guns blazing, led by their ever-reliable captain Simhadri and his right-hand man, Vice-Captain Niranjan Reddy. From the off, you could tell these lads meant business. They



HEART, HUSTLE, AND A BIT OF PRAYER: *From top left: Saiyan Khawas, Nirpan Subba, Aditya Gurung, Pavan, A. Raghu Ram. From bottom left: T. Kishore Kumar, Karna, Sai Krishna, A. Sriraj, Manoj.*

played like a well-oiled machine, moving seamlessly across the court, dishing out calculated plays that had Dharma second-guessing at every turn. Their teamwork was spot-on, and every player knew their role to perfection. You could tell they'd put in the graft during practice – their sharp coordination and slick transitions between attack and defence made it a proper headache for Dharma to keep up.

But Dharma House wasn't going down without a fight. Captain Vishwanath and Vice-Captain Krishna had their crew ready to give Sathya a run for their money. Dharma's power plays were the stuff of legend – spikes so fierce they practically left scorch marks on the court. Their adaptability and grit kept them in the game, and boy did they defend like their lives depended on it.

The final game stretched over five sets, with points flying back and forth like no tomorrow. In the crunch moments, Sathya managed to pull ahead, clinching the win with some cracking plays. Both teams showed true heart, shaking hands and sharing a pat on the back once the dust settled. Fans left buzzing, already counting down to the next clash between these two giants.

Meanwhile, Shanti House faced off against Prema House in their own fiery battle. Their first match saw Shanti snatch the win 2-1 in sets – smashing the first set 25-15, slipping up in the second (22-25), but coming back strong in the third with a 25-20 win. Their second match was even tighter, but Shanti stayed cool under pressure, sweeping the first two sets (25-20, 25-22). The third went right down to the wire, ending in a thrilling 27-26 tiebreaker win for Shanti.

“Winning as the volleyball captain felt amazing! I was so proud of my team and all the effort we put in together. Leading us to victory was such a thrill, and celebrating that moment with everyone made it unforgettable. It really boosted my love for the game and teamwork.”

*- Simhadri
Volleyball Captain,
Sathya House.*







FOOTBALL



The ball's in the air and the header's above the rest...



FOOTBALL

BY BANDA PREM SAI GUPTA (III B.SC BIO)

The postgraduate section of the Annual Sports and Cultural Meet 2024-25 kicked off with excitement and anticipation. Dr. Raghunath Sharma, Director of the Prasanthi Nilayam campus, and Shri Sanjay Sahani, Associate Professor, were present, with Dr. Sharma striking the ceremonial kick first to officially open the event. Both teams gathered to chant the Sai Gayatri as an offering to Bhagawan.

As the whistle blew, Dharma House, kicked off from right to left, while Sathya House played from left to right. Sathya quickly seized control of the match, creating numerous scoring opportunities. The breakthrough came when Dishant Gurung struck a long-range shot that sailed past the keeper into the net. Celebrations erupted briefly as both teams refocused. Sathya continued their offensive play, with Gyalchand Tamang receiving a through-ball and slotted home,

"Winning a football event is never the result of an individual's effort alone—it requires the collective commitment of the entire team, where true strength lies. Our focus was not on the end result but on the process, and through relentless hard work and dedication, we earned our reward. As a team, we are proud to have lifted this year's Inter-House Football Trophy, a key event of the Annual Sports and Cultural Meet 2024-25."

*- Dishant Gurung
Striker, Sathya House*





"It fills me with euphoria after getting a victory which I have never thought of. This could happen only because of unity and hard work amongst the team. We played as a team and were considered as one family where everyone put in their best efforts. The aim was to return victorious from the field."

*-Amardeep Sabba
Football Captain, Shanti House*

HALFWAY THERE, JUST GETTING STARTED : Rest, refuel, team Shanti's getting ready to dominate the second half.

a second goal. Bishal Chettri capped off an extraordinary first half by scoring Sathya's third goal, giving them a commanding 3-0 lead.

After halftime, Dharma House attacked in search of hope and pressured Sathya's defense. With less than five minutes remaining, Amarjith PK displayed brilliance by weaving through defenders to score, narrowing the gap to 3-1. Just a minute later, Norsang Tamang struck again from the edge of the box, making it 3-2. Dharma pushed hard for an equalizer, but Sathya's defense held firm until the final whistle.

In the next game on Friday, Dr. N Niranjana took the first kick again. Both teams started strong but remained evenly matched initially. Despite Dharma's aggressive play in the second half, they could not find an equalizer before time ran out. Sathya celebrated their narrow victory while Dharma felt pride in their effort.

In another exciting match, Shanti House faced Prema House and emerged victorious in both encounters. In their first match, Shanti secured a narrow win with a single goal from Ronak Thapa after consistent attacks and solid defense against Prema. The second match ended 2-1 in favor of Shanti House as Ronak Thapa and Roop each scored goals after a tightly contested first half where neither team could score until late in the game. Prema managed one goal through Bishwadeep but couldn't mount a comeback in time. Shanti's teamwork and execution secured their victories over Prema House, showcasing potential for future matches.



POWER STRIKE IN DRIFT: Sangdup Tamang in the zone and ready to score.





BASKETBALL

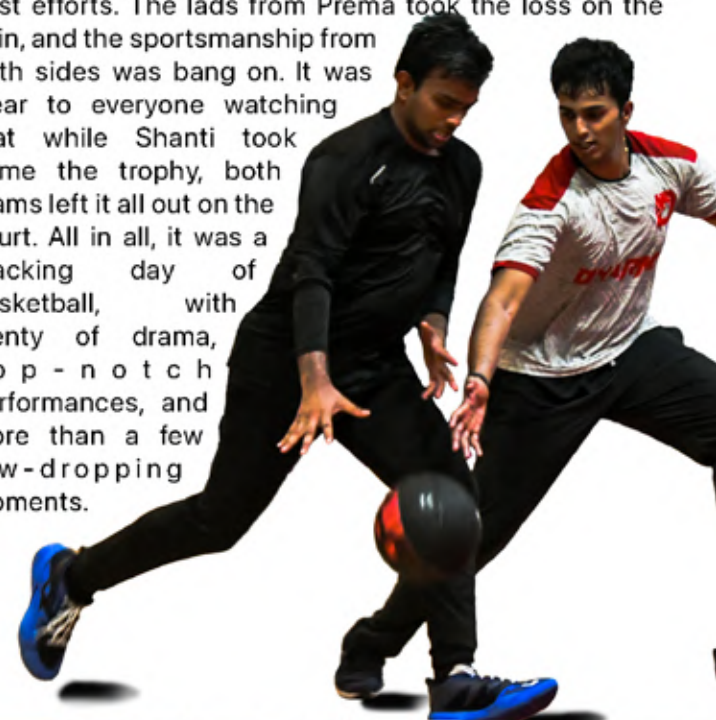


When the shot goes up, the world stands still...

Dharma House absolutely smashed it in a thrilling basketball final against Sathya House, clinching the championship in a match that had everyone on the edge of their seats. The energy in the hall was electric as both teams hit the court, with Dharma's captain Manoj and his right-hand man Subramaniam calling the shots. These two have been the backbone of the squad for yonks, and their experience was plain to see. The buzz around the match was massive, with both teams holding one win each from their previous clashes. From the first whistle, it was obvious neither side was there to muck about. Sathya came out swinging, stringing together slick plays and rapid breaks that left Dharma scrambling in the early stages.

Just when it looked like Sathya might nick the win, Dharma dug deep and kept bouncing back like seasoned pros. The match was tight as anything, with the lead flipping faster than you could keep track of. Things got a bit dicey when Om Sahu, one of Dharma's top players, took a knock and had to sit it out. Sathya smelt blood and pushed harder, but Manoj wasn't having any of it. He rallied the lads, keeping them focused and steady under pressure. As the final minutes ticked away, Manoj found his groove, sinking three-pointers like it was second nature. The crowd went absolutely bonkers as he knocked down three in a row, completely turning the tables.

Over on the other court, Shanti House dished out a proper thumping to Prema House, securing back-to-back wins and taking the overall house championship. Bala Murali and his teammates Ronak and Roop had clearly been putting in the graft, and it all paid off. Prema, with Krish Gupta at the helm, gave it a fair go but couldn't keep pace with Shanti's relentless onslaught. In the first game, Shanti stormed ahead, bagging 15 points to Prema's measly 4 in the opening quarter. Prema tried to claw their way back but just couldn't match Shanti's intensity. Even in the second match, The final scoreline read 37-27 in Shanti's favour, with Prema falling short despite their best efforts. The lads from Prema took the loss on the chin, and the sportsmanship from both sides was bang on. It was clear to everyone watching that while Shanti took home the trophy, both teams left it all out on the court. All in all, it was a cracking day of basketball, with plenty of drama, top-notch performances, and more than a few jaw-dropping moments.





BALL BADMINTON



Every strike tells a story of dedication and hardwork...

The ball badminton clash between Dharma House and Sathya House was nothing short of a spectacle, brimming with energy and fierce competition. The lads from Dharma House, spearheaded by the formidable trio – K. Sarat, Sarat Gandoli, and Abhinay Kumar – didn't just show up; they dominated. From the get-go, Dharma had their game faces on, with Sarat's blistering serves and clever plays putting Sathya House on the back foot. The crowd was buzzing, chants echoing across the court as Sathya fought tooth and nail to stay in the game. Despite some cracking rallies and flashes of brilliance from Sathya, Dharma's relentless pressure and sharp strategy kept them one step ahead. It was clear early on – Dharma came with a plan, and they were sticking to it.



UNITED THEY STOOD, UNITED THEY PLAYED, UNITED THEY WON.

As the match wore on, it turned into more than just a physical game – it was a battle of nerves. Sathya House had their moments, and for a while, it looked like they might just turn the tables. But Dharma's experience and cool heads proved too much.

A crucial shift came when Sathya started making unforced errors, and Dharma seized the opportunity with both hands. Capitalising on these slip-ups, they ramped up the aggression, pulling away on the scoreboard. The lead see-sawed at times but Dharma's seamless coordination meant they were always ready to cover for each other. When the final whistle sounded, Dharma had clinched victory with scores of 21-29, 29-28, 26-29, and 12-29 – a well-deserved win that sent their supporters into into rapturous celebration.



HIT IT HARD, HIT IT FAST, HIT IT WITH PASSION:
Abhinay's fast feet and quick reflexes never slows down.



TEAMWORK IN MOTION, SERVING UP VICTORIES:
United they played , together they tasted success.

In the other bout that wrapped up the house games, Prema House squared off against Shanti House in a contest that was just as intense. Fayaj Ali and Arjun Manoj, seasoned campaigners and last year's champions, led Prema to victory with skill and determination. Prema snatched the first set before Shanti bounced back to level things. From there, it was Prema's show – their key players nullified Shanti's advances with rock-solid defence and a barrage of smashes that left little room for response.

Although Shanti gave it their all, they couldn't keep up with Prema's relentless pace. By the end, the scoreboard told the tale of a decisive victory but the camaraderie on display – with handshakes and smiles all around – was a reminder that it's not just about winning but about the spirit of the game.









TABLE TENNIS



Concentration at its peak, Sneho's all locked in and ready to dictate...



EYE ON THE BALL, MIND ON THE GAME: Dishant's focus slicing every spin and defending every smash, getting himself towards success.

dynamism and unpredictable spins, entered with a strong track record in local tournaments. Dishant countered with his keen eye for precision and strategic shot selection. The match began with Dishant taking an early lead, capitalizing on his signature backspin serves and winning the first set 21-14. However, Pranay quickly recalibrated his strategy in the second set, leveraging his experience to take it 21-18 and shift the momentum. As the match progressed into the third set, Pranay's deceptive spins kept Dishant guessing, leading to a nail-biting finish that saw Pranay narrowly clinch victory at 17-21. However, Dishant rallied in the fourth set, ultimately defeating Pranay with a score of 21-18 to claim the championship cup for the tournament.

Meanwhile, in the undergraduate singles finals, Akshay Jain faced Sneho Sarkey in a gripping contest that highlighted their respective strengths. Akshay's clinical precision and composure were pitted against Snehu's quick reflexes and unpredictable spins. The match unfolded with each rally telling a story of resilience and skill. Ultimately, Akshay emerged victorious with scores of 17-21, 18-21, and 13-21. Despite his loss, Snehu left the court with dignity, demonstrating that sportsmanship transcends victory.

As the tournament concluded under the warm glow of afternoon light, Norsang Tamang secured third place after a tough battle against Rakesh Roshan. His strategic play and resilience throughout the matches earned him recognition as a promising newcomer in table tennis.

On a quiet July morning at the Prashanti Nilayam campus of the Sri Sathya Sai Institute of Higher Learning, anticipation filled the air as the final day of the table tennis tournament unfolded. The indoor stadium transformed into an arena of fervor and competitive spirit. The culmination of weeks of intense matches led to an exciting showdown featuring skilled contenders, including Pranay Pradhan, Dishant Gurung, Akshay Jain, and Sneho Sarkey. Each player had demonstrated extraordinary athleticism and precision throughout the tournament, setting the stage for a memorable finale.

In a thrilling post graduate singles, Pranay faced off against Dishant in a contest that showcased their contrasting styles. Pranay, known for his left-handed



A SOLID DEFENCE IS THE BEST OFFENSE: Every shot pranay returned was a statement.

"Participating in that particular event was an incredibly rewarding experience. I learned so much from the other participants . Winning was an unexpected and thrilling outcome. I am incredibly proud of my accomplishments and grateful for the opportunity to have participated in such a significant event."

- Akshay
Winner, Table Tennis



The UG table tennis doubles championship saw the finalists Sneho Sarkey, Siddharth V pitched against Akshay Jain and Pravas Chettri. Sneho and Akshay had already been the runner and winner respectively in the Singles edition and hence this was an intense match to look out for. This match was however won by Sneho and Siddharth. The left and right duo of Sneho and Siddharth could easily stand the hard hitting and spins of Akshay and Pravas. The first set went on well with Sneho and Siddharth establishing a quick lead. This put Akshay's team for a while and they took some time to find their groove in the game. The 2nd and 3rd sets were however won by the latter. The match now became very interesting with Sneho and Siddharth winning the 4th set, which showed their game awareness and the ability to adapt to the challenging situation. The 5th set was the decider, which was eventually won by the latter again. What made this doubles team different was the good communication they had while battling it out to win the game. The spins of Sneho and the smashes of Siddharth complemented each other very well, that made the job even more difficult for Akshay as he emerged as the lone warrior for his team.

Ultimately, the match provided many insights for both the teams as they looked back at the journey that got them that far in the edition that featured 6 strong teams.

The PG edition featured P Sai Syam and Norsang Tamang versus Dishant Gurung and Rakesh Roshan. This was eventually by Dishant who was ably supported by his partner Rakesh. The first and the second set was won by the former team. Syam and Norsang, both seasoned players, put to use their experience and the skill set they had and kept the latter guessing with their hard smashes and brilliant placements. The latter found their game in the 3rd set and eventually went on to win it. The 4th set was a thriller, and was almost won by Syam and Norsang but some last minute serves and spins by Dishant and Rakesh, edged out the opponents. The 5th set was truly a feast to the eyes as both teams almost left no stone unturned to win the match. However, few tactical errors by Syam and Norsang saw Dishant and Rakesh winning the last set to ultimately finish the game in style and take home the Table Tennis Doubles cup!



"I'm glad to have been able to participate and emerge victorious in this competition. I want to thank my doubles partner Sai Siddharth for good support as we faced whatever challenge that came our way through the course of the competition."

*- Sneho Sarkey
Winner, Table Tennis Doubles*



BADMINTON



When in doubt smash it out...

SINGLES



RACQUET, RESILIENCE AND FORTITUDE : The left and right duo of Aditya and Arjun, left the spectators in awe.

BY BANDA PREM SAI GUPTA (III B.SC BIO)

In a thrilling badminton tournament at the SSSIHL Institute Prashanti Nilayam campus, both postgraduate and undergraduate players showcased their exceptional skills and determination, culminating in an exciting finals day that celebrated athletic excellence.

In the postgraduate singles final, Ch Kartheek emerged victorious against Biswas Pradhan, solidifying his reputation as a remarkable athlete. Kartheek, who has maintained an undefeated record throughout his school and college years, won with scores of 21-19; 21-11. His diverse playing style, featuring deceptive drop shots and powerful clears, kept Biswas on the defensive, ultimately leading to Kartheek's triumph.

Meanwhile, in the undergraduate finals, Arjun Manoj faced off against Adithya Gurung in a gripping contest. The match began with Adithya taking the first set 21-19, but Arjun rallied back to win the second set 21-19. The final set tested both players' endurance and mental fortitude, with Arjun securing victory at 21-15. His determination and strategic play were key to his success.

In the third-place match for undergraduates, Datta Sridhar battled Fayaz Ali in another closely contested game. Fayaz emerged victorious with scores of 21-17; 19-21; 15-21, demonstrating resilience and tactical skill throughout the match.



GENTLE BUT DEADLY, STRONG DEFENCE WINS CHAMPIONSHIPS :

Kartheek's legacy continues. The champion for half a decade is still unstoppable.



DOUBLES



"I really wanted this one as this is my final badminton tournament in my student life. This time around, Biswas was more prepared than even to challenge for the title. He made sure I earned every point and really had to really dig deep in the first set. I am really thankful to have won this title for 4 straight years now. Really excited to see who comes up to grab this one next year."

- Sai Kartheek
Champion, Badminton

The badminton doubles finals at the Sri Sathya Sai Institute of Higher Learning (SSSIHL) on July 24, 2024, featured exciting matches between postgraduate and undergraduate players. In the first match, Ch Kartheek teamed up with Sriram against Biswas Pradhan and Sanjay. Kartheek's impressive singles experience complemented Sriram's agility, creating a formidable partnership. The atmosphere was electric as Kartheek and Sriram quickly found their rhythm, executing powerful smashes and deft net plays. Biswas countered Kartheek's aggressive style with solid techniques, while Sanjay impressed with his speed and reflexes.



DYNAMIC DUO ON AND OFF COURT: Kartheek(left) and Sriram(right) after the finale of Badminton doubles.

Kartheek's versatility was evident through his varied shots, and Sriram's quick footwork allowed for effective court coverage. Their strong synergy and seamless communication helped them maintain composure despite Biswas and Sanjay's efforts to mount a comeback.

In the undergraduate match, Arjun Manoj and Priyam Sunam faced Sairam R and Riway Bhujel in a best-of-three contest. Arjun and Priyam dominated the first game 21-12, showcasing their trust and practice through calculated shots. However, Sairam and Riway fought back to win the second game 24-22 after an intense battle. In the decisive third game, Arjun and Priyam regained their composure to secure victory with a score of 21-11.



A PLAY OF SKILL AND AGILITY: The twin teams of Badminton Doubles pose proudly after the match.



TENNIS



Goliath in the arena, the man with the golden arm...



UNITY IN THE GAME : (Left to right) Bishal chhetri, Cherukuri Sai Kartheek, Om Singh strike a pose, exemplifying sportsmanship.

BY K. SAI SRIRAM (III B.SC BIO)

On the 19th of August 2024, the indoor stadium at Prasanthi Nilayam transformed into a vibrant arena for the undergraduate boys' singles tennis tournament, culminating in an intense final that showcased the spirit of competition. The atmosphere was thick with anticipation as spectators gathered to witness a thrilling clash between Pratyaksh S. and Saicharen Lakshmanan. Both players had navigated a challenging path through the tournament, and their matchup promised to be a captivating display of skill and determination.

Pratyaksh, a state-level stalwart, opened the match with precision and confidence, demonstrating his experience with powerful serves that cut through the air. The first set was tightly contested but ultimately ended in his favor at 6-2.

Saicharen, undeterred by the early setback, responded with ferocity in the second set, showcasing his quick reflexes and strategic shot placement. The intensity escalated as both players exchanged points, but Pratyaksh maintained his composure to secure the second set 6-4, clinching the championship title.

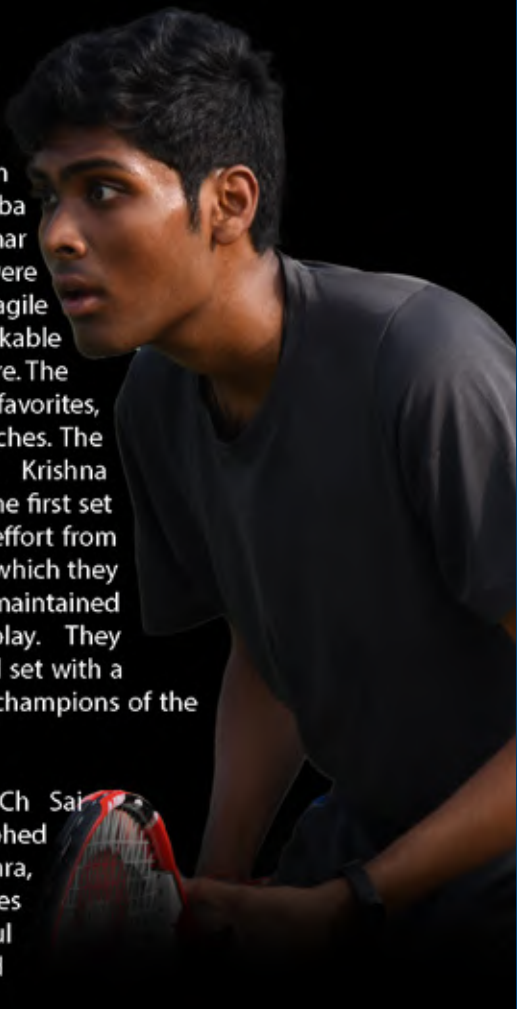
In the postgraduate tournament, Ch Sai Kartheek dominated Bishal Chhetri, winning decisively with scores of 6-2 in both sets. Meanwhile, L Govinda Sai faced an unexpected defeat against Om Singh, losing 4-6 and 1-6, highlighting Singh's resilience as a rising star. The indoor stadium erupted with applause for all participants, celebrating their talent and sportsmanship. These matches showcased not only skill but also the spirit of competition.





In the undergraduate category, 11 pairs competed fiercely, with the tournament narrowing down to six strong teams. The finals featured Team A's Ala Sai Venkat and Nripan Subba against Team B's Pratyaksh Shivakumar and Sai Krishna. The early rounds were marked by impressive serves and agile footwork, as players displayed remarkable precision and teamwork under pressure. The crowd cheered passionately for their favorites, adding to the excitement of the matches. The finals began with Pratyaksh and Krishna asserting their dominance, winning the first set decisively at 21-9. Despite a spirited effort from Venkat and Nripan in the second set, which they lost 21-13, Pratyaksh and Krishna maintained their composure and strategic play. They ultimately claimed victory in the third set with a score of 21-12, earning accolades as champions of the undergraduate tournament.

In the postgraduate tournament, Ch Sai Kartheek and Kiran Kumar S triumphed over Aditya Sharma and Manan Luthra, winning the Doubles trophy with scores of 9-7 and 9-5. Their powerful teamwork showcased skill and determination on the court.



READY FOR THE SERVE : Displaying confidence and readiness, Pratyaksh waits for the perfect moment to strike.

The tennis doubles tournament at the Sri Sathya Sai Institute of Higher Learning, Prasanthi Nilayam campus, was a thrilling showcase of athletic talent and competitive spirit among both undergraduate and postgraduate students. The event attracted a large number of participants eager to demonstrate their skills, creating an electric atmosphere filled with enthusiasm and support from peers and faculty.

"Eagerly await the sports season as it ignites my passion for the game and determination to excel. Regular practices and unwavering willpower has been key to my achievements. Every game teaches me something new, driving my growth and fueling my commitment to keep improving and reaching greater heights."

*- Ala Sai Venkat
Runner-up, Tennis*





ATHLETICS



UG ATHLETICS CHAMPION

RONAK THAPA



RELAY



Sathya Races... Jagadeesh running his last lap keeping Sathya in front...



UNITY, SPEED, AND DETERMINATION: (Left to right) Sreenivas V., Rishi Raj, Roop Gurung and Ronak Thapa, breathing success after the run.



"Having the best sprinters by our side gave us an undeniable sense of belief in the 4x100 meter relay. The cheers of our friends on either side pushed us to dig deeper, sparking a fire within to reach the ultimate success. Emerging victorious and securing those crucial points for the house filled us with a sense of pride and accomplishment that we'll never forget".

*Amarjith P.K.
Runner,
Dharma House*

BY BANDA PREM SAI GUPTA (III B.SC BIO)

The recent 400m relay races at Hill-View Stadium thrilled spectators with intense competition and remarkable performances. Sathya House claimed victory with a time of 4 minutes and 16 seconds, edging out Dharma House in a fiercely contested event. Led by Leela Karthik, last year's champion, and joined by Jagdeesh, Dishant, and first-year MSc Mathematics student Yaswanth, Sathya's team showcased exceptional strategy and seamless baton exchanges, maintaining their lead despite Dharma House's spirited efforts.

In the undergraduate 4x400m relay on September 23, 2024, Krish Gupta, a third-year BA student, led his team to victory with an outstanding performance. First-year BA student Mausam Chettri showed incredible grit to take second place, while Om Prakash Rai and Nitish B Gouda secured third and fourth positions. Each participant demonstrated extraordinary endurance and commitment, proudly representing their houses.

These races highlighted the competitors' athleticism and the excitement of track and field events. Sathya House solidified its dominance, while the undergraduates displayed impressive teamwork and determination, leaving fans eager for future rivalries.



SKILL, SUCCESS AND SMILES: (Left to right) Mausam Chettri, Krish Gupta, Om Prakash Rai and Nitish B.

Under a sky painted amber and azure, the Hill View Stadium at the Sri Sathya Sai Institute of Higher Learning hosted two exhilarating 4x100-meter relay races, spotlighting students' athletic excellence. The undergraduate race saw Shanti House face Prema House, while the postgraduate event pitted Sathya House against Dharma House. Both races showcased fierce competition, teamwork, and electrifying energy.

In the undergraduate relay, Shanti House's Srinivas V.S., Roop Gurung, Rishirej Thapa, and Ronak Thapa delivered a stellar performance. Srinivas burst off the blocks, gaining an early lead, followed by Roop's flawless baton exchange.

Rishirej extended the advantage, and Ronak's determined final leg sealed victory in an impressive 53.45 seconds. Prema House, led by Ayush Pradhan, put up a strong fight, earning admiration and reflecting true sportsmanship as both teams celebrated their efforts.

In the postgraduate race, Dharma House dominated against Sathya House. Arindham's explosive start set the pace, followed by Kirtan's solid run and Amarjith's exceptional sprint. Siba Charan Das completed the final stretch, securing victory with a time of 59 seconds. Sathya House gave a commendable effort, showcasing resilience and sportsmanship despite the loss. The day highlighted the spirit of unity and determination that defines great sporting moments.



"I guess I need sometime to sink in the moment. So much happened in last few minutes. We lost one and won the other. I appreciate the confidence and faith and the trust in the team to do what we have done. Its not easy to run the second relay on the same day after losing the other relay earlier in the evening. Yeah credit to the these athletes alongside me and thanks to everyone who came for cheering the house that ultimately made us run faster than ever."

*- Leela Karthik
Runner, Sathya House*



100 METERS



The calm before the storm: ready, set, go...



"For me, the 100m dash is an event I deeply cherish from my younger days. Crossing the finish line victorious was a culmination of effort and God's unfailing grace. One that will always stay close to my heart."

*- Amarjith P K
Winner, 100M*

THREE CHAMPIONS, ONE FINISH LINE ; SPEED, STRENGTH, AND GLORY : (Left to right) Chinthakayala Sai Yashwanth, Amarjith P. K. , Kirtan Thapa.

BY K. SAI SRIRAM (III B.SC BIO)

The Hill View Stadium at Prasanthi Nilayam was alive with excitement on September 16, 2024, as it hosted the undergraduate (UG) 100-meter dash during the SSSIHL Institute's athletic meet.

The event drew a lively crowd eager to witness the raw speed and determination of the young athletes. Among the competitors, Ronak Thapa emerged as a standout and was known for his explosive speed and competitive spirit. The atmosphere was electric as thirty-two athletes lined up, ready to showcase their talents on the track. As the starter's whistle pierced the air, Ronak surged ahead with remarkable finesse, his performance captivating spectators. He finished with an impressive time of 12.34 seconds, solidifying his status as the day's fastest UG athlete.

Close behind him was Srinivas whose raw determination propelled him to a second-place finish at 12.71 seconds. Ayush Pradhan also made a

significant impact, securing third place with a time of 12.91 seconds, demonstrating precision and consistency throughout his run. The crowd erupted in cheers as these young athletes crossed the finish line, celebrating their achievements.

Just over a week later, on September 26, 2024, the postgraduate (PG) category took center stage in the same stadium for another thrilling 100-meter race. Amarjith was again a favorite among competitors, renowned for his exceptional short-distance prowess and consistent performances throughout the year. As the athletes lined up for this highly anticipated event, anticipation filled the air once more.

When the whistle sounded, Amarjith exploded off the blocks with remarkable speed, quickly establishing a commanding lead. His training and dedication was evident in every powerful stride as he showcased not only his physical strength but also his mastery of sprinting technique.

Following closely were Yashwant and Kirtan Thapa, both determined to challenge Amarjith's dominance in this race. As they approached the finish line, Amarjith crossed first in the PG race with an outstanding time of 11.52 seconds, reaffirming his champion status. Yashwant finished strong at 12.09 seconds while Kirtan followed closely in 12.74 seconds.





200 METERS



Yashwanth gears up for one final blast off...



ONE PODIUM, THREE SMILES: (Left to right) Sneho Sarkey, Ronak Thapa, Jagan S. Raju.

BY K. SAI SRIRAM (III B.SC BIO)

The 200-meter races at Hill View Stadium were a thrilling showcase of athletic prowess, featuring both undergraduate and postgraduate competitors. The event drew a total of sixty-two participants, each eager to make their mark in the storied history of campus sports. Under the blazing sun, the atmosphere was charged with anticipation as athletes prepared to push their limits in a race that demanded speed, agility, and unwavering determination.

"I had never won a track event. Securing third place in the 200m felt nothing short of miraculous. Though I had gained some weight, it turned out to be muscle, which gave me the strength to power through the track. Crossing the finish line was a moment of pure joy. God helped me achieve something I had never in my school years. Late, but definitely not too late!"

- Siba Charan
III Place, 200m



In the undergraduate category, fifty-two sprinters lined up at the starting blocks. Their expressions reflected a blend of focus and excitement. With the sharp blast of the starter's whistle, they surged forward with their spikes digging into the track as they navigated the curves and sprinted toward the finish line. Ronak Thapa emerged as the star of the race, clocking an impressive time of 26.74 seconds. He was closely followed by Snehu Sarkey, who finished at 27.62 seconds, showcasing a disciplined pace. Jagan S Raju rounded out the top three with a commendable time of 28.09 seconds, eliciting cheers from an enthusiastic crowd that celebrated their hard work and commitment.

The postgraduate race featured ten competitors with Amarjith positioned as the favorite. He sped off as the whistle blared and crossed the finish line first in an impressive time of 25.59 seconds. Yashwant and Siba Charan Das followed closely behind, finishing second and third with times of 27.21 seconds and 28.70 seconds respectively.



400 METERS



When there is focus, speed follows automatically...



MEDALS SHINING BRIGHT, INDEED A GREAT SIGHT: (Left to right) Reddi Jagadeesh, Amarjith P. K. , Dishant Gurung.

BY PRANAV N. (III B.SC PHY)

On the morning of September 20, 2024, the Hill View Stadium at Prasanthi Nilayam buzzed with excitement as it hosted the eagerly awaited 400-meter races for undergraduate and postgraduate students of the Sri Sathya Sai Institute of Higher Learning (SSSIHL). The atmosphere was charged with anticipation as 28 spirited young athletes lined up, ready to showcase their determination and athletic prowess. The track, bathed in sunlight and surrounded by rolling hills, became a stage for these competitors, each with their own story of ambition and resolve.

As the starting whistle pierced the air, the runners surged forward, striding toward their commitment to excellence. Among them, Ronak Thapa emerged as a standout performer, completing the race in an impressive time of 58.95 seconds. His victory was marked by a quiet confidence that captivated the audience.

Close behind him was Krishna Yadav who finished in 1:02 minutes, demonstrating a powerful drive that earned him well-deserved admiration. Jagan followed closely in third place at 1:03 minutes.

In another thrilling segment of the day, Amarjith took center stage in his own 400-meter race against five other competitors. Known for his exceptional sprinting ability, he quickly established a commanding lead as the starting whistle shrieked. His flawless form and powerful strides reflected his intense training regimen. The crowd erupted in cheers as he showcased his competitive spirit, ultimately crossing the finish line first with an outstanding time of 1:02 minutes.

R. Jagadish also put forth a commendable effort, finishing second in 1:06 minutes while pushing himself to stay close to Amarjith throughout the race. Dishant made a strong showing as well, securing third place with a time of 1:16 minutes.









800 METERS



Competing for glory, to script a great story...



ON THEIR NECKS, THEY WEAR THEIR GREATEST JEWEL: (Left to right) Reddi Jagadeesh, Ch. Sai Venkata Leela Karthik, Norsang Tamang.

BY BANDA PREM SAI GUPTA (III B.SC BIO)

Beneath the balmy September skies of September 18, 2024, the revered grounds of the Sri Sathya Sai Institute of Higher Learning bore witness to a thrilling 800-meter race that showcased the endurance and determination of its finest student athletes. The atmosphere was charged with anticipation as competitors lined up at the starting line, their focus unwavering and their hearts set on victory. As the starting whistle echoed through the air, a flurry of movement erupted and each runner carved out their own path in this test of grit and grace.

The race unfolded over two intense laps, quickly becoming a canvas for strategy and athleticism. Among the competitors, Nitish Gowda emerged as a standout figure, seizing an early lead with confidence and preparation. Close on his heels was Krishna Y while Avishek D also made his presence felt, biding his time for a final push as the race progressed.

As they approached the final stretch, the intensity heightened. Nitish's stride remained unwavering as he surged forward, crossing the finish line first in an impressive time of 2:20 minutes. Krishna followed closely behind, securing second place with 2:23 mins. Avishek rounded out the podium with a strong performance, finishing third at 2:24 mins.

Another exciting 800-meter race had unfolded on the same track for the post graduates. Leela Karthik finished first with a time of 2:32 mins. R. Jagadish followed closely at 2:33 mins, while Norsang Tamang secured third place with a time of 2:35 mins.

Each race was a testament to their hard work and dedication, inspiring others to push their limits. With every lap completed, they proved that true victory lies in the journey and not just in crossing the finish line.





1500 METERS



Chasing dreams and finish lines...



"Winning the 1500m race was a moment of immense pride and satisfaction, and it marked a significant milestone in my athletic journey. I feel blessed and humbled by this win, and it's just one step in the ongoing process of learning and improving."

*- Niteesh Gowda
Winner, 1500 M*

IN IT, TO WIN IT: (Left to right) Krishna Yadav, Nitish Bellanna Gowda, Lella Sai Datta Sridhar.

BY SAI SRIRAM (III B.SC BIO)

On the evening of September 16, 2024, the Sri Sathya Sai Institute of Higher Learning (SSSIHL) orchestrated an exhilarating 1500-meter race. The event unfolded in the serene surroundings of Hill View stadium where the atmosphere buzzed with anticipation as twenty-nine determined athletes gathered at the starting line.

As the starting signal echoed, the runners surged forward. Among them was Karthik, who quickly established a commanding lead that showcased his skill. Close behind him were R. Jagadish and Norsang Tamang. Simultaneously, another leading pack emerged, featuring Nitish Gowda, who would later claim victory with a time of 4:22 mins. In the PG section, the race unfolded over two laps, with Karthik maintaining his lead while Jagadish and Norsang pushed themselves harder to close the gap. As they approached the final lap, Karthik expertly managed his energy levels, knowing victory was within reach. Karthik crossed the finish line first with a commendable time of 4:31 mins.

Jagadish followed closely at 4:35 mins, while Norsang completed the race in 4:25 mins. Meanwhile, Nitish Gowda's performance was equally impressive; his measured and commanding pace allowed him to finish ahead of Krishna Yadav and Datta, who clocked times of 4:24 mins and 4:26 mins, respectively. Both of them have previously won accolades in similar exploits and this was indeed that was thoroughly enjoyed by the participants and the viewers alike. With these victories, Nitish and Leela Karthik positioned themselves as the season's favourite runners!

In conclusion, this race not only showcased exceptional athletic talent but also fostered a spirit of camaraderie among participants and spectators alike. The event underscored SSSIHL's commitment to promoting sportsmanship and physical fitness within its educational framework, encouraging students to excel both academically and athletically. As the season progresses, anticipation builds for future competitions where these athletes can further demonstrate their skills and dedication to their sport.





5000 METERS



Sweat, smiles and serenity...



MEDAL IN HAND, PRIDE IN THE HEART: (Left to right) Norsang Tamang, Ch. Sai Venkata Leela Karthik, Bishal Chhetri.

BY KOUTILYA VINJAMURI (III B.SC PHY)

On October 5, 2024, the vibrant atmosphere of Prasanthi Nilayam was electrified by the much-anticipated 5K race which drew nearly 70 participants eager to showcase their running abilities. The course began at the Hostel gate, winding its way to Ganesh Circle and back, presenting a challenging yet exhilarating route for all competitors. Among the runners, Leela karthik emerged as a standout athlete, finishing the race in an impressive time of 20 minutes, solidifying his reputation as a formidable long-distance runner.

As the starting whistle blared, Karthik quickly established his dominance over the field. He wasted no time in setting a strong pace that left his competitors scrambling to keep up. With each stride, Karthik showcased not only his physical capabilities but also his strategic approach to distance running.

He maintained a rhythm that kept him ahead of the pack. Trailing closely behind was Norsang Tamang. Norsang pushed himself to keep pace with Karthik's blistering speed. And he crossed the line with a commendable time of 20:49 minutes, solidifying his position as a formidable competitor in the race. Following Norsang was Bishal Chhetri, who also demonstrated impressive stamina and speed throughout the race. Bishal's training paid off as he finished with a time of 21:10 minutes.

In the UG section Srinivas VS finished the race in 15:53 mins. Hot on his heels were Roop Gurung and Rishiraj Thapa, who finished in second and third place respectively exhibiting the immense talent pool of the student fraternity.



"Participating in the 5000-meter race was an incredible experience for me. It was truly inspiring to see everyone come together, and I'm grateful for the opportunity to contribute to this success and winning a position filled me with immense pride and gratitude. It would not have been possible without the grace of Swami, whose blessings guided me throughout. I am deeply grateful for the unwavering support of Ravi Kiran Sir, Warden Sir, and all the other teachers, for their encouragement and guidance."
- Avishek
Winner, 5000m



10000 METERS



Fueled by passion driven by determination...



"Participating in the 10K run was exhilarating. From the start, excitement filled me, and each step brought joy and determination. Finding my rhythm gave me a sense of freedom, and crossing the finish line filled me with pride and happiness for overcoming the challenge."
Youraj Limbu
II place, 10k

RUNNING TOWARDS THE GOAL A KILOMETER AT A TIME: (Left to right) Avishek Dhungana, Youraj Limbu, Krish Gupta.

BY KOUTILYA VINJAMURI (III B.SC PHY)

The 10K Road Race at Prasanthi Nilayam Campus for the academic year 2024-25 was an exhilarating event that united undergraduate and postgraduate participants in a showcase of athletic prowess. Held on the crisp morning of October 19, 2024, the race drew over 70 enthusiastic runners eager to test their limits on a challenging course that demanded both speed and endurance.

In the undergraduate segment, Krish Gupta emerged as the standout competitor, finishing first with an impressive time of 46.5 minutes. His victory was closely contested by Youraj Limbu, who secured second place, and Prashant Podyal, who claimed third. The race was not just about crossing the finish line; it was an evidence to the participants' strategic pacing and mental fortitude as they navigated the winding path with bursts of speed and calculated energy conservation.

The postgraduate race featured nearly 50 runners and began at the Hostel gate, winding its

way to Sri Sathya Sai Super Speciality Hospital and back. Leela karthik was a clear favorite, having established himself as a consistent performer and reigning champion in previous years. His leadership as the institute captain underscored his dedication to athletics, setting high expectations for his performance.

As the race commenced, karthik surged ahead, showcasing remarkable speed and endurance. Norsang Tamang followed closely behind, determined to close the gap, while Gyalchand also made significant strides in the competition. Karthik crossed the halfway mark with a significant lead at 24 minutes but faced fierce competition from Norsang as they approached the finish line.

Ultimately, Karthik finished strong with an official time of 48:50 minutes, followed closely by Norsang at 49:20 minutes. Gyalchand rounded out a competitive field that celebrated sportsmanship and camaraderie among all participants. This ultramarathon taught the participants lessons on the track and also for life alike.









LONG JUMP



A stride of strength and a leap of faith...

The Hill View Stadium at Prasanthi Nilayam campus buzzed with energy during the annual sports meet for 2024-2025, as the long jump event became the highlight of the day. With clear skies and a spirited crowd cheering on the participants, the competition witnessed remarkable athleticism and a display of sheer determination. The event was divided into two categories: undergraduate and postgraduate, ensuring a platform for a wide range of talent to shine. The athletes gave it their all, leaping into glory and etching their names in the records of the prestigious Sri Sathya Sai Institute of Higher Learning (SSSIHL). This event was truly a test of skill and precision as the participants had to strike a balance between speed and balance. With each chance available to them, they tried to defy their own capabilities, giving it all their best!

In the undergraduate category, the competition was fierce, but it was B. Dindi Vigneshwar Gupta from the 2nd-year BSc Mathematics, Computer Science, and Statistics (MCS) who soared the farthest to clinch the top spot. Following closely was Roop Gurung of 3rd-year BSc Biosciences, who demonstrated commendable technique and grit to bag the second place. A. Sriraj, representing the 2nd-year BSc Mathematics, secured the third spot with an impressive performance that kept the audience on the edge of their seats.

The postgraduate category was equally enthralling, with Amarjith P.K. from the 2nd-year MA Economics taking a well-deserved first place. R. Jagadish from the 2nd-year MSc Chemistry earned the second position with a stellar leap, while Leela Sai Karthik of 2nd-year MSc Biosciences rounded off the podium, clinching third place with a spirited effort. Their performances reflected dedication, hours of training, and an unwavering focus. The event ended with thunderous applause, leaving everyone inspired by the athletic feats witnessed on the field.

"I recall thinking to myself if I would be able to perform well when I took my first jump. But after I had taken it I was confident that I could do better and better I did and I ended up securing the third spot. I believe this was only possible because of the grace of Swami, as I just wanted to offer something to Him and He provided me the opportunity and the strength to utilize it to the fullest. Sairam..."

*-Anavena Sriraj
III place, Long jump*





TRIPLE JUMP



Defying records and gravity...

The Hill View Stadium at Prasanthi Nilayam came alive during the Annual Sports Meet 2024-25 of Sri Sathya Sai Institute of Higher Learning (SSSIHL) as athletes showcased their prowess in the highly anticipated triple jump event. The competition featured two categories: Undergraduate and Postgraduate. Among the undergraduates, Roop Gurung from 3rd Year Biosciences clinched the first position with a stellar performance, while Pratyaksh S from 2nd Year BA secured second place with commendable effort. The third position was won by Jagan S Raju from 1st Year BSc Mathematics, who impressed the audience with his skill and determination.



In the Postgraduate category, Amarjith PK from 2nd Year MA emerged victorious, demonstrating exceptional athleticism to secure the top spot. R Jagadish from 2nd Year MSc Chemistry claimed the second position, displaying remarkable technique. Meanwhile, Leela Sai Karthick from 2nd Year MSc Biosciences secured third place, adding another feather to his cap. The event highlighted the spirit of sportsmanship and athletic excellence, as participants and spectators alike were inspired by the dedication and energy on display. With this win, Amarjith and Karthik secured their places as the reigning Athletics winner and runner respectively.



“Initially hesitant about competing in the triple jump, an event I had never tried, I decided to take a chance with an open mind and a focus on doing my best. Learning the unique hop, step, and jump pattern on the spot, my first two attempts were clumsy. However, I focused on improvement, and my final attempt surprisingly earned me third place. This experience taught me the value of taking risks, trusting those who believe in you, and seizing opportunities even when you feel unprepared.”

*Jagan S. Raju
III Place, Triple Jump*





HIGH JUMP



Crossing it like a Hero and winning it like a Legend...



WINNERS DON'T FALL, INSTEAD THEY JUMP HIGH: (Left to right) Biswas Pradhan, Om Sahu, Pranay Pradhan.



**A JUMP SO NEAT AND A WIN
EVEN MORE SWEET**

BY K. SAI SRIRAM (III B.SC PHY)

The Indoor Stadium at Prasanthi Nilayam was buzzing with energy as the SSSIHL annual sports meet for 2024-2025 came to an end in grand style, and the high jump event was a proper showstopper. The high jump was truly a show of skill and strategy and balance as the participants had to battle out hard to get a place in the top 3. Each used a different way of crossing the obstacle bar. They had to clear in the 3 chances that were available to them. In the undergrad category, Malay Mishra from 2nd BSc Chemistry soared to bag first place, with Swayam Shakthi from 2nd BSc MCS landing in second, and Jeevan Sai from 1st BSc AICB taking third after a cracking effort. Among the postgrads, Om Sahu from 1st MSc Physics leapt his way to the top spot, while Pranay Pradhan of 2nd MSc Maths and Biswas Pradhan of 2nd MSc Physics snagged second and third places, respectively, with some solid jumps. The crowd was well chuffed, cheering on these brilliant athletes smashing records and making it a day to remember! Events like these instilled motivation and inspiration in the hearts of the participants and the audience, while showcasing the talent pool hosted by

"I feel very happy that I got 3rd place in the high jump event. I am also very grateful to my friends and seniors who encouraged me to continue till the end. Even though this was my first time taking part in a high jump competition, the height advantage I had and the support from my friends, pushed me to give my best. I also firmly believe that it is due to the grace of Swami that I was able to perform well."

*- Jeevan Sai
III Place, High Jump*





SHOTPUT



Strength vigour and fervour...



BY K. SAI SRIRAM (III B.SC.PHY)

"I am overjoyed to have secured a bronze medal in Shot put, marking a memorable milestone in my athletic journey. It was an incredible experience to compete and be part of such an inspiring event. This achievement has boosted my confidence and motivates me to aim even higher. I'm excited to carry these lessons forward and set my sights on gold in the next championship!"

*B. Piyush Yadav
III, Shotput*

The Hill View Stadium at Prasanthi Nilayam was buzzing with energy as the SSSIHL Annual Sports Meet 2024-25 kicked off in grand style. Among the standout events was the shot put competition, showcasing raw power and precision in two categories – undergraduate and postgraduate. In the undergrad division, Arjun Manoj from 3rd BA muscled his way to the top spot with a cracking performance, bagging gold with ease. Biswa Prakash Nayak from 1st BS Biosciences didn't let him have it all, securing second place with a spirited throw, while B. Piyush Yadav from 1st BS Economics rounded off the podium, making his mark in third. The crowd was roaring with every throw, and the lads truly gave it their all!

The postgrads didn't disappoint either, turning the heat up a notch. M.V. Sai Krishna from 1st MSc Biosciences nicked the top spot with a smashing performance that left the competition trailing. Right on his heels was A.P. Adithya from 1st MTech OEC, whose sheer determination bagged him the silver. Manoj Reddy from 2nd MSc Maths held his own to secure third place, proving it's not just numbers he's good at! The Hill View Stadium echoed with cheers as each athlete brought their A-game, embodying the spirit of the Sports Meet. It was an absolute corker of an event, leaving the audience pumped for what's next in this thrilling competition!





HAMMER THROW



Hammering his way to success...

The Hill View Stadium, located on the Prasanthi Nilayam campus, was brimming with energy and excitement during the hammer throw event of the Annual Sports Meet for the academic year 2024-2025, organized by Sri Sathya Sai Institute of Higher Learning (SSSIHL). The event was a vibrant display of remarkable skill and determination, with participants competing in two categories: undergraduate and postgraduate. In the undergraduate category, Biswas Prakash Naik, a first-year student of BS Biosciences, delivered an outstanding performance to secure the first position.

Close behind him was his classmate, Chandan M, who earned the second spot, followed by Chetanya Sai, a first-year student of BS Applied Sciences, who claimed the third position. The postgraduate category was equally thrilling, with MV Sai Krishna, a first-year MSc Biosciences student, demonstrating exceptional prowess to win the gold medal. S Prabath, a first-year MSc Chemistry student, showcased his skills to secure the silver medal, while Prabin Kumar, a first-year MSc Mathematics student, rounded out the podium by taking home the bronze medal.

Overall, the event was an electrifying affair, highlighting the raw talent, dedication, and intense competition among the participants.

"Participating in the Annual Sports and Cultural Meet this year was an incredibly enriching experience. I really didn't think that I had any chance of winning. For the first time, I took part in the hammer throw event and to my great delight, I won all due to HIS grace. The overwhelming joy and satisfaction of this achievement are beyond words. I am profoundly grateful to Swami for blessing me with this wonderful opportunity to showcase my abilities and please Him. This victory has been a humbling reminder of His grace and support. Thank you, Swami, for giving me this opportunity and allowing me to be a part of this memorable event which I will cherish dearly."

*-Chauanya Sai
3rd place, Hammer throw*



JAVELIN THROW



Poise and Precision packed with power...



AIM HIGH, THROW HIGH AND SOAR HIGH : (Left to right) Bishal chhetri, Arun Kumar, Yashwanth Kumar.



PIYUSH AS HE PREPARES TO LAUNCH THE JAVELIN

BY KOUTILYA VINJAMURI (III B.SC PHY)

The Hill View Stadium at SSSIHL Prasanthi Nilayam campus buzzed with energy during the annual sports meet 2024-2025 as the javelin throw event took centre stage, featuring fierce competition across undergraduate and postgraduate categories. Among the undergrads, it was Anmol M from 2nd BS Physics who smashed it and snagged the top spot, with Sai Murali from 2nd BS MCS close on his heels in second, and Piyush Yadav from 1st BS Economics landing third with a solid throw. The postgrads weren't far behind in bringing the heat, with M Arun Kumar from 2nd MA Economics absolutely nailing first place, Y Yashwanth Kumar from 1st MTech CS grabbing second, and L Bishal Chettri from 1st MSc Maths securing third with a strong finish. The event was a cracking display of skill and grit, leaving the crowd thoroughly chuffed and cheering for more!

"It was just a few days ago, when one of our institute faculty shared his experiences as a student which portrayed the importance of putting a small effort to participate in any of the events that are conducted here. On the same day I participated in the Shot put event but couldn't give my best. Four days later I decided to participate in the Javelin throw, leaving behind what happened in the previous event and not thinking about the end result. Surprisingly, I had come in the first place. Even Though it was my first time throwing a javelin. I am very grateful to my teacher for encouraging me and to Swami for blessing me with such an opportunity."

- Anmol Minali
Winner, Javelin





DISCUS THROW



Grip, Aim, Hurl repeat...



TO PERFORM IS A TRAIT AND TO WIN IS A HABIT: From left- Prabin Kumar S, M.V. Sai Krishna, A.P. Adithya.

BY K SAI SRIRAM (III B.SC PHY)

The Discus Throw event at the SSSIHL PSN campus, at the Hill View Stadium was a thrilling spectacle during the Annual Sports Meet 2024-2025. It saw fierce competition in two categories: Undergraduates and Postgraduates.

In the Undergraduate category, B. Piyush Yadhav from 1st-year BS Economics bagged the top spot, followed by K. Shiva Kumar from 3rd-year Physics in second, and J. Vinay Sai from 1st-year BS AS who clinched third. The Postgraduate competition was just as intense, with M.V. Sai Krishna from 1st-year MSc Biosciences taking the first place. Krishna was known for his consistent performances in the field events that placed him among the favourites to win the event and he did rightly so! A.P. Adithya from 1st-year MTech OEC followed second, and Prabin Kumar S from 1st-year MSc Maths secured third. It was a cracking day, with all athletes giving it their all, making this year's event one to remember for the books!



"Winning shot put, hammer throw, and discus was amazing. Every throw tested my strength, skill, and focus. The feeling of a perfect throw and watching it fly was thrilling. Winning all three showed my hard work and the support of my coach Vijay Dutta and Gorinda Sai and teammates. It gave me a great sense of achievement and a love for these sports. I thank Swami for giving me this opportunity."

*Sai Krishna
Winner, Discus Throw*









PG ATHLETICS CHAMPION

AMARJITH P. K.



CULTURAL



GK QUIZ



Right to the point...Bagging crucial points...



SATHWIK AS HE SECURES THE LEAD FOR SATHYA HOUSE.

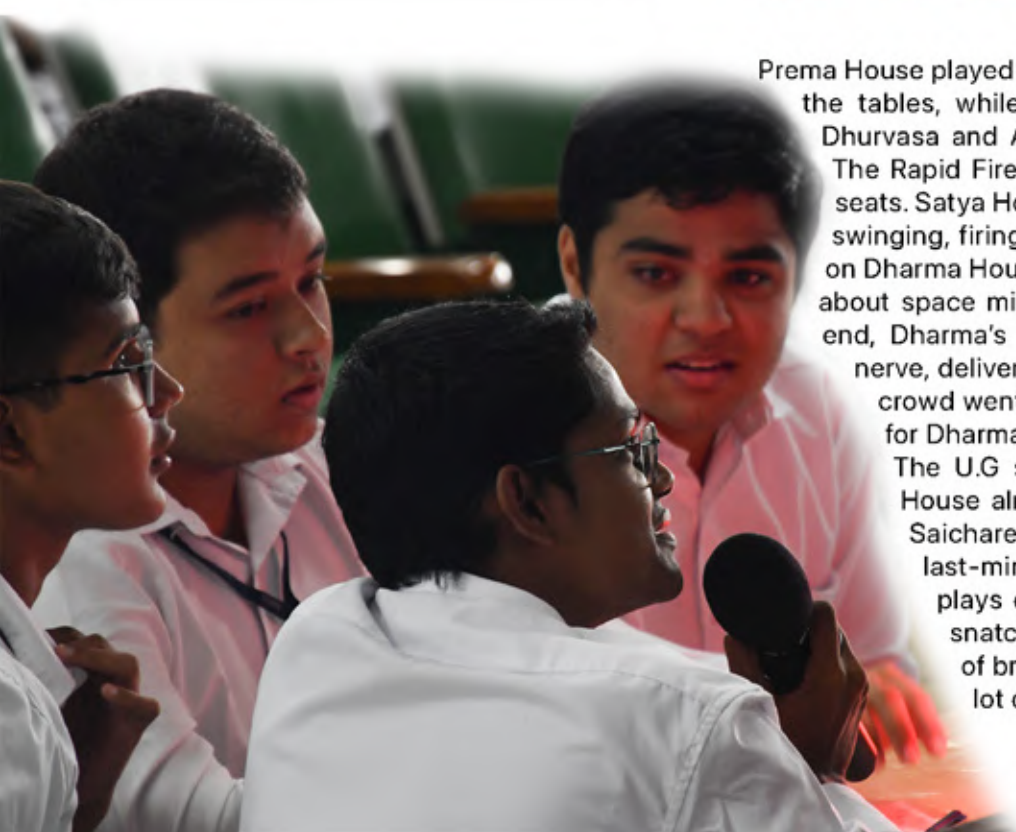
On 17th October, the fuzz was real as the Prasanthi Nilayam campus hosted its much-awaited GK Quiz Competition. Packed with tricky questions on history, science, geography, and current affairs, the quiz showcased the students' brainpower and competitive streak. From the start, the energy was electric, with Satya House smashing the Indian Polity round and grabbing an early lead. But Dharma House wasn't having it—they stormed ahead in the Current Affairs round, using smart passes and nailing tough questions.

"For the majority of the quiz, we were having a comfortable lead. It was at one of the rounds towards the end where we stumbled. We got a wrong interpretation of a certain question and Sathya house capitalized on this to almost level the scores. Luckily, our team members kept their cool during the final rapid fire round to clinch the prize. With this, Dharma has the lead in the championship for the first time making it 5-4. I hope we can win the Ball-Badminton match this Sunday to clinch the championship."

- Sai Kartheek
Winner, Dharma House



FIST BUMPS, HANDSHAKES FOR THE TRIUMPHS.



Prema House played it crafty, picking a spot-on topic that turned the tables, while Shanti House stayed in the game with Dhurvasa and Akhil smashing through Art and Literature. The Rapid Fire Round had everyone on the edge of their seats. Satya House's Sai Swaroop and Om Singh came out swinging, firing off answers like pros and closing the gap on Dharma House. It was neck-and-neck as questions flew about space missions and ancient civilizations. But in the end, Dharma's Yedukrishna and Sai Kartheek held their nerve, delivering spot-on answers to clinch the win. The crowd went wild as their swift thinking sealed the deal for Dharma House.

The U.G segment was just as intense, with Shanti House almost taking the crown. But Prema House's Saicharen L and Sai Shyam weren't done yet. In a last-minute stunner, their sharp answers and clever plays edged them ahead by a mere three points, snatching victory right at the finish. It was a night of brainy battles, clever comebacks, and a whole lot of buzz that left everyone talking!



DEBATE



Loud and clear, he delivers sans fear...



"This year's debate felt challenging as the other house seemed to have an advantage, dampening our spirits initially. However, our team's dedication, unity, and hard work led Sathya House to its first cultural victory. As the results were announced and our win declared, the auditorium erupted, and I was overwhelmed with gratitude for Swami. We humbly offer this achievement to Him, hoping this success continues in future events."

*- B Sai Svaroop
Winner, Sathya House*



The Debate competition saw spirited clashes between undergraduate houses, Shanti and Prema, and postgraduate houses, Sathya and Dharma, on thought-provoking topics. Shanti and Prema debated whether the Indian economy could surpass the Chinese economy, with Prema highlighting India's youthful population and progressive initiatives, while Shanti countered with concerns about unemployment and India's lag in microchip production. Shanti's sharp rebuttals and strategic questioning secured them victory. Meanwhile, Sathya and Dharma tackled whether history should be rewritten to include marginalized communities. While Dharma championed the idea, Sathya's well-rounded arguments outperformed Dharma to clinch the trophy.







ORCHESTRA



Music... a feast to the ears and a retreat for the soul...



ORCH

BY PRANAV N. (III B.SC PHY)

The evening of September 15 was reverberating with energy as weeks of hard graft led to the big orchestra showdown between Sathya, Dharma, Shanti, and Prema Houses. With themes like 'The Call' for undergrads and 'Keys to Imagination' for postgrads, it was clear this wouldn't be your run-of-the-mill competition. Kicking off the show, Shanti House set the bar high with their piece, 'The Call of Draupadi', followed by Prema's enchanting 'The Call of Infinity'.

Dharma and Sathya Houses followed suit, bringing their own spin to the postgrad theme. Each team had a tight 20 minutes to wow the crowd, and wow they did. From clever costumes to storytelling through music, every house brought a unique flavour to the stage, showcasing a cracking mix of instruments like brass, strings, and even Carnatic classics. The song choices were top-notch and added to the magic of the night. Shanti House mesmerized the audience with their haunting rendition of



"This was my third orchestra competition at SSSIHL. Unsure how to interpret the theme, I composed a Veena piece the night before but forgot it by morning. During practice, I improvised random notes, which became the final composition I performed."

-V. Praneeth Sathya Sai
Runner, Shanti House





ESTRA

'Sati', while Prema House electrified the stage with the iconic 'Bella Ciao'. Sathya House captivated listeners with their tuning presentation of 'Can You Hear the Music', and Dharma House delivered a soulful 'Rara Venu Gopala' fusion, leaving the audience spellbound and wrapping up the evening on a high. The diversity in song selection added depth and vibrancy to the evening's proceedings. When it came to results, the tension was right under one's nose. Shanti and Prema Houses battled it out for undergrad glory, while Sathya and Dharma locked horns for the post-grad title. The winners—Prema for UG and Dharma for PG—were revealed the next morning, with the judges calling it a close competition. Every house smashed it but in the end, Prema and Dharma nicked the win, proving that hard work and creativity go hand in hand.

FLAIR OF RYTHM AND A FLURRY OF NOTES.





DRAMA



A character for an act and an act to remember for a lifetime...



BY K. SAI SRIRAM (III B.SC PHY)

On the evening of December 15th, the Prasanthi Nilayam campus hosted the grand finale of its house events, with a highly anticipated drama competition held in the prestigious auditorium. The UG theme emphasised the importance of appreciating what truly matters in life, while the PG theme explored the complexity of contrasting viewpoints. Each performance was meticulously crafted, ranging from light-hearted comedy to deeply emotional narratives, with every house showcasing their unique flair for creativity and storytelling.



The evening began with Prema House's witty "Crazy Christmas," mixing laughs and suspense, followed by Shanti House's touching "Avignanam," a tale of a father reuniting with his estranged son. Dharma House's "Switch" delved into the contrasting lives of the rich and poor, while Sathya House closed with a gripping courtroom drama on a tech firm's troubles. With creative sets, compelling stories, and powerful themes, the performances captivated the audience, leaving behind lasting lessons and unforgettable memories.



"After a long time of around 4 years, I finally had the chance to be part of a House Drama Competition at SSSIHL which rekindled some of my fond old memories of the time I was doing my undergraduate degree in Nandigiri campus. Taking the movie 'Oppenheimer' as an inspiration for the competition theme, the writers in my house did a phenomenal job of making it a dialogue rich script wherein the beauty of the play was in the dialogues and the acting with respect to it! This win is special for me as I had previously never won any House Drama Competition that I had participated in. It feels great to be part of an amazing drama team and contribute whatever little I can to its success."

*-Srivats Ramaswamy
Winner, Sathya House*





UG CULTURAL CHAMPION

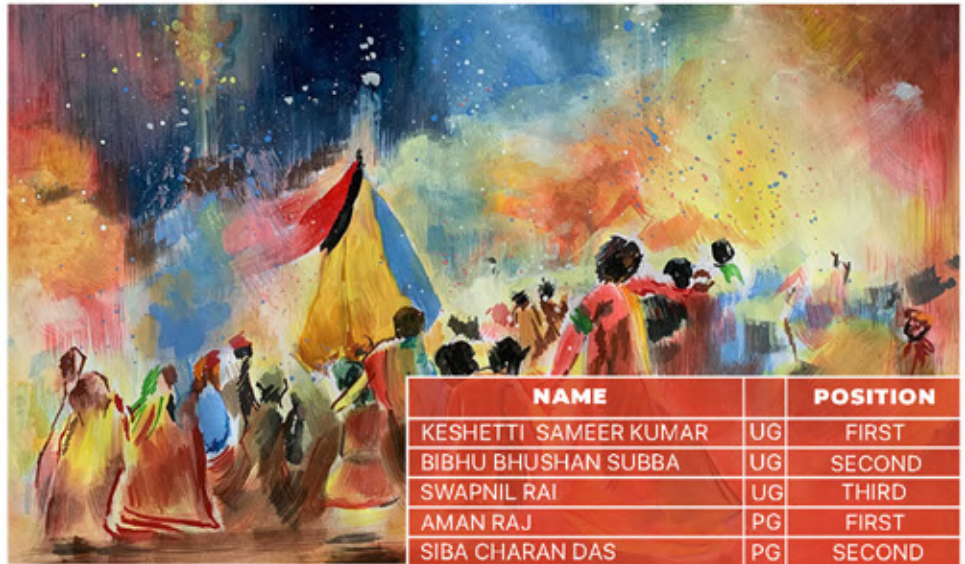
SHAURYA NUNDLAL



POSTER MAKING



PAINTING



SKETCHING



NAME	POSITION
SAION PODDAR	UG FIRST
DINDIVIGNESWARAGUPTHA	UG SECOND
PRIYAM SUNAM	UG THIRD
SIBA CHARAN DAS	PG FIRST
WANGDEN TAMANG	PG SECOND





Conserve Water Daily

small steps today make a tidal wave of difference tomorrow!

- Turn off the Tap**
Avoid letting water run unnecessarily while brushing teeth, washing hands, or doing dishes.
- Water plants wisely**
Use efficient watering methods, avoid over-watering, and adjust based on season and weather.
- Reuse & Recycle Water**
Collect and reuse water from cooking or rainwater for gardening.
- Fix Leaks & Habits**
Repair leaks promptly and practice habits like taking shorter showers and running full loads in appliances.
- Educate and Support**
Promote water conservation awareness and support policies or initiatives that protect water resources.



WATER IS LIFE

Every Drop Counts!

we will not let our FUTURE dry

HEY! I'M OTES THE OTTER!
THE WATER YOU USE AT YOUR HOME COMES FROM MY HOME AT LAVON LAKE. CAN YOU HELP SAVE SOME WATER FOR ME? THANKS!

There is thin line between using water and wasting water. Just think about it.

SAVE WATER .SAVE LIFE

water is precious

VOCALS



NAME		POSITION
SHREENIVAS VILAYANNUR SHIVARAM	UG	FIRST
PASSANG SHERPA	UG	SECOND
B. AADARSH KUMAR	UG	THIRD
GANDHOLI SARAT	PG	FIRST
PRAYASH RAI	PG	SECOND

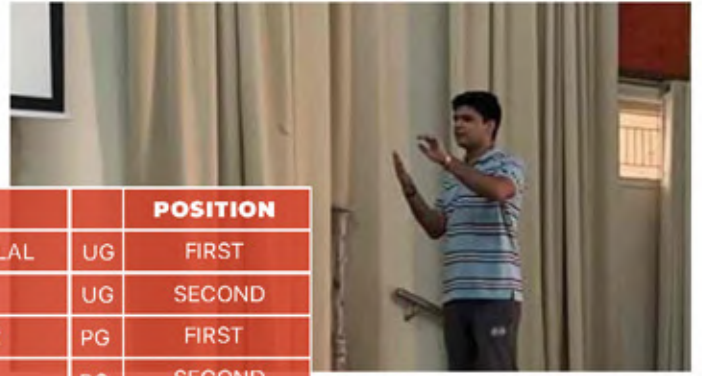


INSTRUMENTAL



NAME	POS.
ISHAN CHHETRI (KEYS)	FIRST
PRATYAKSH SHIVKUMAR (PERCUSSION)	FIRST
SENGAY SANGDUP (MELODY)	FIRST
PANCHADRLA VASU (MELODY)	SECOND

MONOACTING



NAME		POSITION
SHAURYA RISHIE NUNDLAL	UG	FIRST
BADAMI SAI KESHAVA	UG	SECOND
MANOJ REDDY TADOOR	PG	FIRST
ASHUTOSH JA	PG	SECOND



VEDAM CHANTING

NAME		POSITION
P. NARASIMHA MURTHY	UG	FIRST
SAINARAYANAN B.	UG	SECOND
AMARESHWARAN H.	PG	FIRST
MANOJ REDDY TADOOR	PG	SECOND

STOTRAM

NAME		POSITION
SHAURYA RISHIE NUNDLAL	UG	FIRST
SAISHYAM R.	UG	SECOND



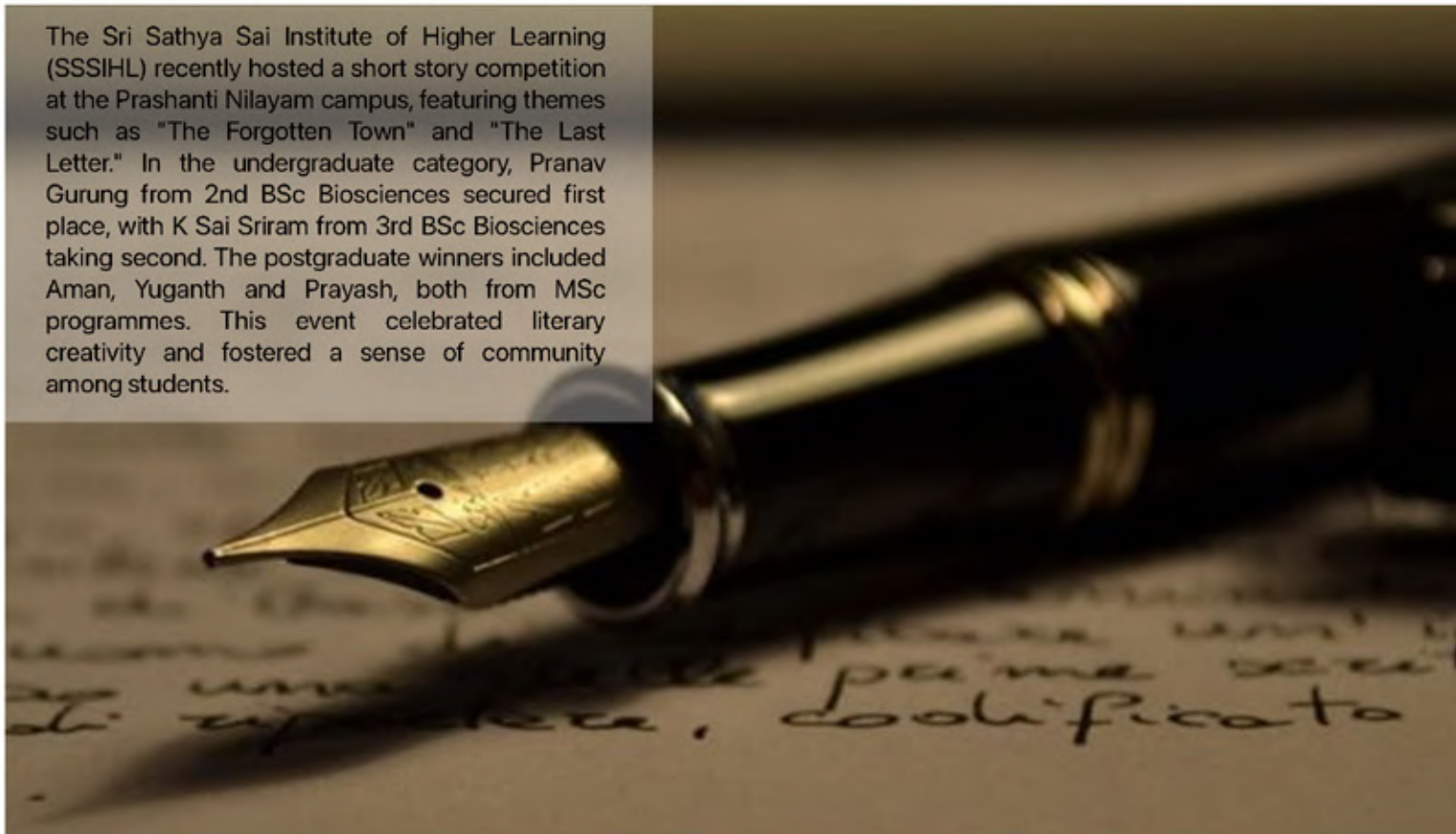
PHOTOGRAPHY



NAME		POSITION
NITISH BELLANNA GOUDA	UG	FIRST
GOURAB JEET PATTAYAT	UG	SECOND
PANCHANGAM NARASIMHA MURTHY	UG	THIRD
NORSANG TAMANG	PG	FIRST
BIBHUSAN PRADHAN	PG	SECOND
CHINTHAKAYALA SAI YASHWANTH	PG	THIRD

SHORT STORY WRITING

The Sri Sathya Sai Institute of Higher Learning (SSSIHL) recently hosted a short story competition at the Prashanti Nilayam campus, featuring themes such as "The Forgotten Town" and "The Last Letter." In the undergraduate category, Pranav Gurung from 2nd BSc Biosciences secured first place, with K Sai Sriram from 3rd BSc Biosciences taking second. The postgraduate winners included Aman, Yuganth and Prayash, both from MSc programmes. This event celebrated literary creativity and fostered a sense of community among students.



ELOCUTION



The elocution competition saw a total of 30 students each from the UG and the PG categories competing in different languages such as English, Hindi and Telugu. The topic given to the UG students in the English category was "Gratitude" where the winners were B Prem Sai Gupta, Pranav Gurung and Mukund B, For Hindi the topic was "Arise, awake, and stop not till the goal is reached", the winners being Krishna Bhatt and Shaurya N and for Telugu was "The 9 paths to devotion" won by Narasimha Murthy and K Akhil. For the PG category, Sudarshan, Manan and Amareshwaran were the winners, Sujal, Manan and Ashutosh Jha were the winners from the Hindi category and from the Telugu category, Swaroop, Sarat and Gopal were the winners.





PG CULTURAL CHAMPION

SIBA CHARAN DAS





ANNUAL SPORTS *and* CULTURAL MEET







ANNUAL SPORTS *and* CULTURAL MEET

*There is only one Religion, the religion of Love.
There is only one Language, the language of the Heart.
There is only one Caste, the caste of Humanity.
There is only one God, He is Omnipresent.*

- Baba





On January 11, 2025, the Sri Sathya Sai Institute of Higher Learning (SSSIHL) hosted its first combined sports meet at the Prashanti Nilayam campus, celebrating the centenary of Sri Sathya Sai Baba. This historic event brought together students from all five campuses: Brindavan, Nandigiri, Anantapur, and the Nursing College and Prashanti Nilayam. The meet featured a variety of performances, including a dazzling dragon dance inspired by Singaporean culture, a world fusion dance showcasing diverse cultural traditions, and thrilling bike stunts known as Emberfang Stunts.

Additionally, students participated in a mass formation called "Silent Harmony," which creatively illustrated Swami's teachings using umbrellas. The celebrations continued with mandir programs that included a symphony performed by 100 musicians and a drama titled "Avatara Vaibhavam." The event not only highlighted athleticism but also fostered unity and collaboration among students, embodying the spirit of the institution. As participants showcased their talents, the atmosphere was filled with excitement and reverence for their beloved founder.





SUPREME NECTAR OF LOVE





namrita
STAR OF LOVE



DRAMA

AVATARA VAIBHAVAM



PRIZE DISTRIBUTION CEREMONY





Director's Message

Dr. R Raghunatha Sarma

Director, Prasanthi Nilayam Campus, SSSIHL.

With Swami's 100th Birthday approaching, what are your expectations for the Combined Sports Meet next month as a campus and as an Institution?

Year after year, the students of the institution are coming up with awesome and inspiring ideas, be it on the field or the drama presentations that are put up in the Kulwanth Hall. This year is no different. The administration has immense confidence in the students and has come up with the glorious idea of the combined sports meet. This grandeur will take across the message of Unity in Diversity and will surely present a sense of 'awe' on the final day!

This year brought big changes with the MBA program moving to Brindavan and Science students joining Prashanti Nilayam. How have these shifts affected our activities?

First, thank you for having me over for the interview! It's been a wonderful year, all due to Swami's grace that the transition took place very smoothly. I emphasize that this decision is made thoughtfully by the administration and will significantly benefit both students and the institution by enhancing academic programs and areas of study.

A sense of nostalgia washes over me as I mention how the faculty at Prasanthi Nilayam sincerely misses the MBA students. I fondly recall our interactions—those lively foyer discussions, engaging drama presentations, academic workshops, and training sessions led by these dedicated students. Their hard work truly leaves a mark on us.

PG students once outnumbered UGs, Now it is the other way around. Was this shift smooth in preserving the culture, events, and competitions, or did it pose challenges?

I note how senior science students step up to fill this gap, taking on mentorship roles to facilitate a smooth transition. "The scientific spirit is evident in the activities undertaken by the students!" I remark warmly, feeling proud of their efforts. I advocate for making scientific events and workshops led by science students an institutional activity to foster awareness about technology and emerging scientific trends. In discussing the advantages and disadvantages of having a larger undergraduate population compared to postgraduates, I express my enthusiasm for the energy displayed by younger students. I commend the Hostel Warden and research scholars for their commitment to guiding these undergraduates.

With the increased student strength this year, how do you feel about the way Sports and Cultural events were organized throughout?

Reflecting on this year's sports and cultural events, I note how they are conducted with remarkable enthusiasm and organization. I feel immense pride in the students' dedication, which is evident throughout various competitions held across the campus. From spirited athletic contests to vibrant cultural presentations, each event showcases their talents and deep reverence for the values of Bhagawan Sri Sathya Sai Baba. These activities not only foster a sense of community among students but also align perfectly with our holistic education philosophy.

Another wonderful addition to the campus culture was the emergence and introduction of 'Students' Clubs' that spread across various fine arts. How do you see this as a motivating factor for the students?

I highlight the introduction of "Student Clubs" as a beneficial addition to our campus culture, offering a glimpse into future initiatives. Extensive meetings are being held in order to provide financial support and mentorship to these clubs. This will surely supplement the idea of making these clubs as long term, year round activities.

As we come to an end, can you recount and tell us one fond memory of the sports meet that you have had as a student or a teacher?

I reminisce about a poignant moment from a past sports meet where Swami sits through rain while urging then-President Dr. Ramaswamy Venkataraman remains seated on stage, all while watching a drama presentation that depicts drought-stricken actors pleading for rain—an event that culminates in Swami blessing them with abundant rainfall! This episode clearly showed the interest that Swami had and the importance He gave to the Sports meet. Hence, I sincerely feel that the goal of this event should be not just limited to a show of strength or skill and instead be an offering at His lotus feet. We must strive to bring a smile on His face and always remember that He is the source and the culmination of all successes and victories!!!

In closing, I extend my best wishes to all students for their efforts in making the Annual Sports and Cultural Meet a resounding success.

Physical Director's Message

Sri R N Ravindra Kumar

Physical Director, Prasanthi Nilayam Campus, SSSIHL

This academic year has seen significant changes, with the MBA program moving to Brindavan and Science students joining us at Prashanti Nilayam. How have these transitions impacted our activities this year?

Thank you for having me over for the interview. I must say that the transitions went on very well, thanks to the cooperation of the students and the teachers who have helped to make it a rather smooth process. Definitely, the MBA students excelled in various sports and games during their stay in the PSN campus. However, the senior science, economics and MTech students too have displayed equal skill and talent, which is very evident in the events that they have taken part in. There has been a substantial increase in the participation of the students, which is all a result of the motivation and support given by these students to the undergrads and even their own classmates. This is all a result of the unity displayed by them, so much that the void left behind by the MBA was honestly not felt much!

Earlier the PG students were more in number as compared to the UG students. How different were the games and athletics as compared to previous years in terms of competition?

Commendable I must say! It was very surprising to note that many of the matches played by the undergrads ended in a thrilling manner. For example, the cricket match went on till the super over and the team that lost, lost by a mere 2 runs! Another example is volleyball, the scores read 27-26! All of this shows that the campus boasts of a very competitive talent pool and a set of very athletic students. This is a very positive sign for the institute for the coming years to come. The team captains also have reported that teams comprised more students from the 1st UG and the 2nd UG, thus showing the kind of quality the freshers bring along with academics!

How has been the overall participation of the students throughout the year?

Wonderful! The extended timings for games and sports has added immensely to the performance of the students. They have taken all the practice sessions very seriously and have productively used their time. For example, I see many students literally rushing to utilise the small span of time after the evening darshan. I was awed for the love they showed towards sports activities! I think this interest has led to a very good display round the year. The facilities bestowed by Bhagawan Baba in the form of 2 world class Outdoor and Indoor stadiums!



What are your expectations and how do you feel about the grand Combined Sports Meet that is to take place for the next 2 years?

There are many factors that have gone behind the planning of this grand event. Utmost care and precision has been taken to make sure that the event goes on with least of errors or discrepancies, as always. This is because this is the first event in the calendar that will be the Birthday offering for our dearest Swami. The students and the teachers on the whole are very excited about this and I am sure that Swami will bless all of us to make this event a huge and resounding success. This will act as a visual medium to spread His glory and the Mission of his Avataric sojourn! Sairam



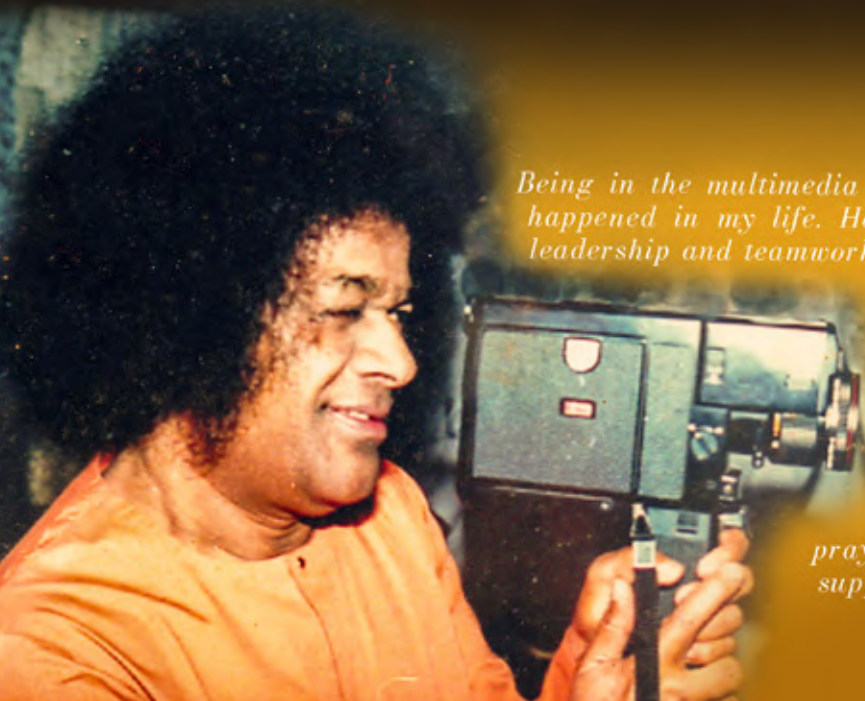
THROUGH THE LENS : DEDICATION, DETERMINATION, LOVE FOR SWAMI : *Multimedia department team posing together, showcasing unity, creativity, and collaboration.*

BY M. SAI ROHITH (I I B S P H Y)

The Multimedia Department serves as the symbol of creativity, dedication, devotion, and love for Swami. As a fully student-led, self-reliant society it operates as a close-knit family committed to spread Swami's divine teachings through the various social platforms. Multimedia acts as the digital backbone for the Hostel and College. The department also dedicates itself to capturing memories for the students, transforming these moments into timeless treasures. The Students of Sri Sathya Sai-youtube channel has been the primary platform for sharing Swami's teachings with a global audience, reflecting on the transformative power of Swami's words and actions. Multimedia also shares digital content through Instagram and all other social media platforms of SSSIHL.

In commemoration of Swami's centenary celebrations, the department has introduced new initiatives such as the Experience series and a collection of trailers capturing the vibrance of various events held at Prasanthi Nilayam. Additionally, the launch of the Champstamp Magazine, highlighting the sports and cultural facets of student life on campus, stands out as another remarkable achievement, with its first edition marking a significant milestone. May it be a video, a photograph or writing, the Multimedia Department always strives to see a Smile on HIS Face.

YEARS OF SRI SATHYA SAI



Being in the multimedia department has been the best thing that has happened in my life. Helping me to grow in every dimension. From leadership and teamwork to ethics, I have gained so much. We, here in multimedia, always feel like a family, starting from the teachers, research scholars, to the students involved. I have witnessed everything unfold at the right time, in the right place, and with the right intentions—all because of Swami's grace and love. Whatever we do here, we offer it to Swami. I wish to extend my deepest thanks and prayers to all the people around us who have been supporting us from starting till now.

*-Vishwanath Saikiran Shetiya
Student HoD, Team Multimedia*

STUDENTS OF SRI SATHYA SAI

#StayConnected



YEARS OF SRI SATHYA SAI

HOSTEL MULTIMEDIA
IN ASSOCIATION WITH

SPORTS DEPARTMENT, VOX POPULI, HOSTEL MAINTAINANCE,
SAI PUBLICATIONS, HOSTEL STORE.



THE END OF EDUCATION IS CHARACTER

SRI SATHYA SAI BABA
REVERED FOUNDER CHANCELLOR, SSSIHL